

V.E. Medical is a 9000 sq. ft Medical Facility

Orange Grove Plaza • Saint Lucia • Caribbean

<https://surgerycaribbean.com>



Experienced Surgeons



Advanced Technology



Patient-Focused Care



WATCH OUR VIDEO

VE Medical is a Premiere Surgical Centre in Saint Lucia, providing high-quality outpatient surgical care in a modern, patient-focused environment. The experienced surgeons, skilled medical team, and advanced technology allow the team to deliver safely and efficiently surgical procedures for patients from St. Lucia, Regionally and Internationally.

The Team of dedicated, experienced and highly trained Surgeons, Doctors, Nurses at VE Medical, offer expert personal care, in the selection of surgery and clinical treatment options.

“Each day, we are privileged with the opportunity to make a positive impact in people's lives, usually when they need it most. We treat all patients with courtesy, respect, and compassion.”



Full SURGERY SUITE

Two Operating Theatres, full sterilization unit, pre-surgery and recovery, with ICU.



Comprehensive Ophthalmic Surgery

One of the Operating Theatres offers a full-range of ophthalmic surgery... cataract, glaucoma, pterygium, all retinal surge.



Advanced Diagnostic & Treatment Room

Eye injections, and laser for diabetic retinopathy, and collagen cross-linking for keratoconus.



Expert Optometry Team

Working alongside the ophthalmology team are a group of excellent optometrists assisting in diagnosis and surgery aftercare.



Orthopedic & Skin Graft Surgeries

The second operating Theatre is dedicated to orthopedic and skin graft surgeries, linked with the physiotherapy, podiatry and wound and pain clinics.



On-Site Pharmacy & Diagnostic Clinic

The V.E. Medical Facility in St Lucia also operates a fully stocked prescription pharmacy and a comprehensive blood diagnostic clinic.

Facilities & Clinical Services



Ophthalmic Surgery
Including cataract, glaucoma, pterygium and retinal surgery.



Ophthalmology Diagnostics & Treatments
Eye injections, laser treatment for diabetic retinopathy and collagen cross-linking for keratoconus.



Optometry Services
Supporting diagnosis and surgical aftercare.



Orthopedic & Skin Graft Surgery
Supported by physiotherapy, podiatry, wound and pain clinics.



Fully Stocked Prescription Pharmacy



Comprehensive Blood Diagnostic Clinic.

V.E. Medical Eye Surgery Facility

Pre-Surgery Diagnostics — EC \$535

Reference Anaesthesiologist

- Chest X-Ray
- ECG
- Renal Function
- HIV

- Fasting Glucose
- PT
- PTT
- CB



Pterygium

Procedure / Service	EC Price	USD Equivalent
Grafted Pterygium	\$1,450 ECD	\$534 USD
Bilateral Pterygium	\$2,450 ECD	\$902 USD



Cataract

Procedure / Service	EC Price	USD Equivalent
Cataract surgery — Phacoemulsification with single-vision IOL implant (per eye)	\$5,500 ECD	\$2,025 USD
Refractive Lens Exchange — pre-cataract procedure with progressive IOL for distance and reading (per eye)	\$10,000 ECD	\$3,690 USD
YAG Laser Capsulotomy	\$1,000 ECD	\$369 USD



Glaucoma

Procedure / Service	EC Price	USD Equivalent
MicroShunt surgery — PRESERFLO or XEN MicroShunt to lower intraocular pressure (per eye)	\$7,500 ECD	\$2,760 USD
Combined cataract and MicroShunt glaucoma surgery	\$12,900 ECD	\$4,750 USD



Diabetic Retinopathy

Procedure / Service	EC Price	USD Equivalent
Diabetic retinopathy diagnosis	\$350 ECD	\$130 USD
Noctura 400 mask — for early-stage diabetic retinopathy	\$850 ECD	\$315 USD
IRIDEX Micropulse Laser — for diabetic retinopathy	\$1,000 ECD	\$369 USD
Extensive macular oedema — vitrectomy surgery to remove vitreous gel and treat leaking blood vessels	\$11,500 ECD	\$4,235 USD
Anti-VEGF therapy — Vabysmo	\$4,500 ECD	\$1,656 USD
Anti-VEGF therapy — Avastin	\$750 ECD	\$276 USD



Keratoconus

Procedure / Service	EC Price	USD Equivalent
Collagen Cross-Linking Surgery	\$3,500 ECD	\$1,290 USD
Keratoconus — scleral lens fitting (optometric appointment required to assess suitability)	Price not provided	—



Retinal Surgery

Procedure / Service	EC Price	USD Equivalent
Retinal detachment surgery — vitrectomy technique, Stage 2 or 4	\$15,900 ECD	\$5,853 USD
Retinal detachment surgery — scleral buckling technique with cryotherapy	\$11,500 ECD	\$4,235 USD
Macular pucker surgery — vitrectomy technique	\$12,500 ECD	\$4,605 USD
Macular hole surgery — vitrectomy technique	\$12,500 ECD	\$4,605 USD
Peripheral laser photocoagulation — for retinal tears	\$2,000 ECD	\$736 USD
Pneumatic retinopexy	\$5,000 ECD	\$1,840 USD
Cataract combined with any retinal surgery — additional charge	\$4,500 ECD	\$1,657 USD



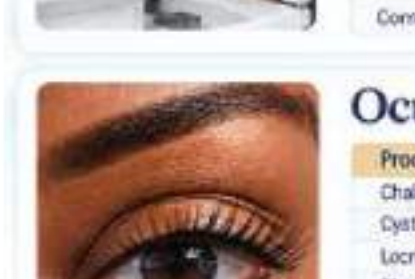
N.B. Vitrectomy

Surgery technique removes the vitreous gel in the retina, the surgeon repairs the retina. Oil or gas replace the vitreous gel, while the surgery heals, and is later removed.



Diagnostic Options

Procedure / Service	EC Price	USD Equivalent
Fluorescein Angiography (eye)	\$500 ECD	\$184 USD
Visual Field Analysis	\$175 ECD	\$65 USD
Ophthalmic Ultrasound	\$175 ECD	\$65 USD
Optical Coherence Tomography (OCT)	\$450 ECD	\$166 USD
Fundus Photography	\$350 ECD	\$129 USD
Corneal Topography	\$450 ECD	\$166 USD



Oculoplastic Eye Surgery

Procedure / Service	EC Price	USD Equivalent
Chalazion incision and drainage + steroid injection	\$1,460 ECD	\$538 USD
Cyst excision	\$2,600 ECD	\$957 USD
Locomotor syringing and probing	\$1,460 ECD	\$538 USD
Blepharoplasty (eyelid surgery)	\$3,720 ECD	\$1,370 USD
Repair of ptosis	\$4,400 ECD	\$1,620 USD
Entropion repair	\$3,720 ECD	\$1,370 USD
Biopsy of eyelid	\$2,600 ECD	\$957 USD
Punctoplasty & lacrimal stenting	\$2,600 ECD	\$957 USD

Diagnostic and Blood Clinic

Full Blood Clinic Facility — individual blood diagnostic facility, accurate and speedy service.

Book a Diagnostic Health package, with Full Report.



Doctor available, by appointment to fully discuss the results and treatment options.

\$250 EC | \$100 USD



Women's Executive Health Package

\$1,415 EC or \$520 USD

- CBC
- Glucose
- HbA1c
- Lipid Profile
- Liver Function Panel
- Renal Function Panel
- Thyroid Panel
- ECG
- Chest X-ray
- BMI
- Urinalysis
- Blood Pressure
- LH
- Progesterone
- Estradiol
- Ferritin
- HIV
- CEA



Men's Executive Health Package

\$1,450 EC or \$535 USD

- CBC
- Glucose
- HbA1c
- Lipid Profile
- Liver Function Panel
- Renal Function Panel
- Thyroid Panel
- ECG
- Chest X-ray
- BMI
- Urinalysis
- Blood Pressure
- PSA
- Ferritin
- HIV
- CEA



Diabetes Package

\$680 EC or \$250 USD

- HbA1c
- Glucose
- Creatinine
- Electrolyte
- Urine Microalbumin
- GTT
- Ankle Brachial
- EKG
- Bvill
- Blood pressure



Heart Health Package

\$510 EC or \$188 USD

- Lipid Profile
- Glucose
- CK-MB
- ECG
- High Sensitivity CRP
- Homocysteine
- Blood Pressure
- CBC
- BMI



Kidney Health Package

\$220 EC or \$82 USD

- Renal Function Panel
- BUN (Urea)
- Creatinine
- Electrolytes
- Uric Acid
- Urine Microalbumin
- Urinalysis
- Blood Pressure
- BMI



Thyroid Package

\$275 EC or \$102 USD

- TSH
- FT3
- FT4
- T3
- T4



Women's Wellness Package

\$650 EC or \$240 USD

- CBC
- Glucose
- Estradiol
- LH
- FSH
- TSH
- Thyroid Profile (FT4, FT3)
- EKG
- BMI
- Blood pressure



Men's Wellness Package

\$685 EC or \$253 USD

- CBC
- Glucose (Fasting)
- Testosterone
- Thyroid Profile (FT4, FT3)
- PSA
- BMI
- EKG
- Blood pressure



FREEDOM FROM DIABETES

A One Year Reversal Programme, divided into Three Monthly segments

A Diabetes Reversal programme is not just a "Fancy Diet" or "Quick Fix".

Diabetes Reversal is a gradual process. It is necessary to be fully committed to the plan, follow dietary guidelines, exercise, and stay disciplined over weeks and months.



1 ASSESS & PLAN
Medical assessment, personalized goals and guidance.

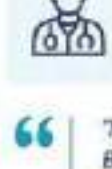


2 NUTRITION & LIFESTYLE
Structured meal plan, education and ongoing support.



3 MOVE & MAINTAIN
Exercise, monitoring and tools for long-term success.

Diabetes Reversal is a gradual process. It is necessary to be fully committed to the plan, follow dietary guidelines, exercise, and stay disciplined over weeks and months.



The Doctor at V. E. Medical is YOUR Advisor, YOUR "go to person" and the professional at VE Medical to help you on your route to FREEDOM from DIABETES.

"Most people start seeing changes in the first few weeks. But a more consistent start to the reversal often takes a minimum 3 months, depending on the individual's condition."

The VE Medical "DIABETES REVERSAL PLAN" offers an individually prepared treatment plan, formatted after full in clinic Diabetes Diagnostic testing.

DIAGNOSTIC TESTING at V. E. MEDICAL

- Fasting Glucose
- HbA1c
- Creatinine
- Urea / BUN
- Electrolytes (Sodium, Potassium, Chloride)
- Microalbumin
- Ankle brachial for diabetic neuropathy
- Body mass index for weight assessment
- Eye exam and diabetic retinopathy screening
- Podiatry, full foot examination
- EKG for heart health
- TnT → Cardiac Troponin T (HEART)
- CK-MB/TnI/TnT → Creatine Kinase-MB / Cardiac Troponin I / Myoglobin (HEART)
- BNP → B-type Natriuretic Peptide (HEART)
- NT-proBNP → N-terminal pro-B-type Natriuretic Peptide (HEART)
- Glucose Tolerance Test

WEIGHT LOSS for Diabetic Patients

- ✓ Included in the initial diagnostic testing is a full body mass index test.
- ✓ Deep abdominal and visceral fat build-up disrupts how the body responds to insulin.
- ✓ Excess fat stored around the liver, pancreas, and muscles can interfere with insulin function. Reducing this visceral fat is essential.

If weight loss is part of the "plan" this will be addressed with the latest options during the first two weeks of the programme. The latest approved and recommended weight loss injection for Diabetics ... Ozempic.

SPECIAL WEIGHT LOSS MEMBERSHIP

\$50 ECD | \$20 USD to join

Weekly weight loss injection (Ozempic)

\$200 ECD | \$75 USD

THE DIABETIC REVERSAL PLAN at VE Medical

is created by doctors, nutritionist, pharmacists and holistic experts, to help people reverse Type 2 diabetes naturally.

A ONE YEAR PROGRAMME

VE MEDICAL offer a one year programme, arranged in three monthly treatment plans.

For residents of St Lucia

This is an ongoing programme, with weekly online check-ins, monthly in clinic visits and a three-monthly group get-together.

For visitors to St Lucia

The first one/two weeks of the programme will cover all diagnostic tests, and initial treatment options, and a personalised nutrition and lifestyle plan, the programme then continues with weekly contact and suggestions to ensure the initial "start" in reversal continues throughout the year.

EARLY STAGE DIABETIC NEUROPATHY & DIABETIC CARDIOMYOPATHY

Early testing helps detect nerve and heart changes, so treatment can begin before symptoms become more serious.

DIAGNOSTIC TESTS INCLUDE:

- Ankle brachial test for neuropathy
- EKG for initial heart assessment
- B-type Natriuretic Peptide (BNP) – a hormone produced and released by the heart when it stretches or works under high pressure.

This helps to determine if symptoms, like shortness of breath or fatigue are caused by the heart not pumping blood effectively.

Normal values: Indicate that your current symptoms are likely not caused by a heart issue.

High values: Suggest that the heart is under stress or overload, which strongly points toward heart failure or another cardiovascular condition.

If further tests are needed (depending on initial outcomes) these will be arranged.



Options to assist in Initial relief from Diabetic Neuropathy symptoms

- **DETOXIFICATION** (under supervision)
- **LYMPHATIC MASSAGE** with the VE Medical Physical Therapist
- **REFLEXOLOGY** with the VE Medical Physical Therapist
- **COMPRESSION TREATMENTS** with the Nursing Team
- **VITAMIN B12, B1 and B6** injections
- **COMBINATION OF B, C AND ALA** using IV THERAPY RELAXATION
- **HERBAL SUPPLEMENTS OF TURMERIC / BLACK PEPPER OR GINKA BILBOA** (under pharmacist advice) can help to relieve symptoms but are not a cure.



Many patients with diabetes also have high cholesterol, excess abdominal fat, or high blood pressure.

Addressing all these conditions together improves overall metabolic health and long-term outcomes.

The Diabetes Doctors and nursing team will advise on the best options for temporary relief and longer term benefits.

PODIATRY & WOUND CLINIC

Watch our TV advert to learn more about our Podiatry and Wound Clinic services for diabetic patients.



DIABETIC ULCERS and FOOT & LEG WOUND CARE

V.E. MEDICAL PODIATRY CLINIC

Specialist Podiatry Care

V.E. MEDICAL Podiatrist offer appointments to prevent, diagnose, and treat serious foot complications caused by diabetes, such as nerve damage and slow-healing ulcers.

Comprehensive Foot Care

Trimming of thick toenails, fully cleaning the feet, checking for blisters, redness, treating painful corns and calluses all help to control and keep feet healthy.

Recommended Appointments

A podiatry appointment for diabetic patients is initially recommended every three months. Once diabetes is reversed, this can be every six months or annually.

Learn How to Check Your Feet

On the first visit to V.E. Medical Podiatry Clinic, the podiatrist will also explain how to check your feet daily – under the soles, between the toes, using a mirror, to look for any cuts, blisters or redness.

Daily Foot Care Tips

Feet should be cleaned daily in warm water (not hot), dried completely, and moisturiser lotion can be applied; top and bottom of feet, never between the toes.

Any problems? The sooner any foot problem is addressed, the faster it heals.



WOUND CLINIC

Many patients with diabetes experience difficulty to heal diabetic wounds and ulcers, and invariably need some help from an organised Wound Clinic. A Wound Clinic works towards healing gangrenous wounds, rather than focusing on amputation.



WOUND CARE & DEBRIDEMENT

The V.E. Medical Wound Clinic tackles debridement of gangrenous, diabetic wounds with Disposal, Lavage, whirlpool saline baths, and a full range of medications and bandages appropriate for the wounds.



ADVANCED HEALING THERAPIES

Once the bulk of debridement is addressed, leg bagging, Hyperpro P medication, negative pressure wound therapy, and hyperbaric leg and foot bagging are used to promote the healing process.



FINAL CLOSURE OPTIONS

Final closing of many diabetic wounds and ulcers rely on platelet rich plasma (PRP) and surgical skin grafts, both available at V.E. Medical.



DEDICATED TEAM

The dedicated team of doctors and nurses in the V.E. Wound Clinic work together to provide comprehensive, compassionate care.



ONGOING SUPPORT

Once a diabetic wound is healed, the nutritionist and the diabetes doctor will become further involved in developing lifestyle changes to help control diabetes and start the DIABETES REVERSAL PLAN.



OUR MISSION

"Wound care is not just about healing the skin, but restoring the dignity of the person."



DIABETIC RETINOPATHY

V.E. MEDICAL has been involved in optometry and ophthalmology for over 30 years.

Diabetic retinopathy is a leading cause of blindness in the Caribbean.



EARLY DETECTION

With the new REVERSE DIABETES PLAN, a full eye examination will be arranged, with checks for initial or later stages of diabetic retinopathy.



ADVANCED TREATMENTS

Later stage treatments for diabetic retinopathy include injections of Vabysmo and Avastin, and IRIDEX laser to close burst retinal blood vessels.



PART OF A LONGER-TERM PLAN

This combined with controlling and reversing diabetes, could actually prevent blindness from being the inevitable result, caused by progressive diabetic retinopathy.



V.E. Medical is the new exclusive provider of

NOCTURA 400

After 13 years of development in the UK, this new nighttime mask, controls the oxygen to the eye and produces exceptional results, in the control and development of diabetic retinopathy.



Being part of a solid Freedom from Diabetes longer term plan is an essential part of ensuring diabetic retinopathy does not lead to blindness.

PAIN CLINIC + PHYSICAL THERAPY

RELIEVE PAIN | RESTORE MOVEMENT | IMPROVE QUALITY OF LIFE

Comprehensive pain management and physiotherapy services designed to help you move better, feel better and get back to the activities you love.



Initial Physiotherapy Assessment

All new patients and/ or new injuries require an initial physiotherapy assessment. This allows the patient's concerns, goals, medical history, functional limitations and clinical findings to be assessed, followed by an individualized treatment and rehabilitation plan.



Musculoskeletal Physiotherapy

Assessment and rehabilitation for:

- Neck, back, spinal conditions, shoulder, hip, knee, foot and ankle conditions
- Osteoarthritis and age-related musculoskeletal conditions
- Muscle, tendon and ligament injuries including sprains and strains
- Work-related musculoskeletal injuries
- Post-operative and fracture rehabilitation
- Joint replacement rehabilitation
- Postural, balance and movement-related problems
- Clinical Lymphatic Drainage (reduces post surgery swelling)
- Cupping therapy



Manual Therapy and Hands-on Techniques

- Joint mobilization
- Soft-tissue techniques
- Myofascial techniques
- Therapist-assisted stretching
- Other appropriate manual techniques based on clinical assessment



Therapeutic Exercise and Rehabilitation

- Progressive strengthening and conditioning
- Range of motion exercises / Flexibility and stretching
- Functional strengthening
- Balance and proprioception training
- Gait and movement retraining
- Neuromuscular re-education
- Functional task training
- Return-to-work and return to activity rehabilitation
- Individualized home exercise programs



Physical Agents and Treatment Modalities

- TENS / electrotherapy
- Therapeutic ultrasound
- Heat therapy
- Cold therapy
- Kinesiology taping
- Cupping



Stroke and Neurological Rehabilitation

- Functional and mobility assessment
- Postural control, and positioning
- Bed mobility and transfer training
- Sitting and standing balance
- Gait and walking retraining
- Upper and lower limb functional rehabilitation
- Strength and endurance training
- Coordination and motor-control training
- Task-specific functional training
- Mobility-aid assessment and training
- Home exercise and caregiver education
- Rehabilitation aimed at improving independence and participation in daily activities



Treatment is individualized following assessment.

Specific interventions are selected according to the patient's condition, clinical findings, medical status, stage of recovery and rehabilitation goals.



VE MEDICAL PAIN CLINIC

VE MEDICAL PAIN CLINIC strives to make an early and accurate diagnosis of acute and chronic pain disorders, to reduce the physical and emotional lifestyle restrictions of a patient's pain.

DR MARCO DIAZ

and his Nursing Team offer a full PAIN CLINIC SERVICE at V.E. MEDICAL, ORANGE GROVE PLAZA, ST LUCIA.



The Pain Clinic at VE Medical, St. Lucia offers a full patient **DIAGNOSIS** to include an ultrasound scan, with a customized treatment plan to relieve chronic and acute pain.



"Pain is a very complex area of healthcare, but until a way is found to manage your pain... it is very difficult for patients to work towards changes in lifestyle and exercise, to tackle the root of the pain problem"

Concierge Services

Our dedicated concierge team is here to make your experience as smooth and comfortable as possible. We assist with appointment scheduling, travel arrangements, accommodation recommendations and any special requests you may have during your stay.



Travel Assistance

Appointment Coordination

Accommodation Support

Personalised Assistance



"Clear communication helps us provide the best care and ensures a positive experience for all our patients."

English & Spanish Speaking

Our team is here to make you feel comfortable. We have English and Spanish speaking staff available to assist our international patients, ensuring clear communication and personalised care throughout your journey.



English Speaking Staff



Spanish Speaking Staff

Warm Weather

Saint Lucia's warm, tropical climate provides the perfect environment for recovery. Enjoy beautiful surroundings, fresh air and a relaxing atmosphere while you receive world-class medical care.



Tropical Climate

Relaxing Environment

Beautiful Surroundings

Ideal for Recovery

